



S w i m m i n g P o o l - S a u n a s -  
S o l a r i u m s

**Bartholomäberg**

Ferien- and Erholungsdorf Außerböden  
Tel +43 (0)5556 78062  
Sauna, steam bath and solarium

**Gargellen**

Hotel Edelweiss \*\*\*  
Tel +43 (0)5557 6317  
Sauna

**Gaschurn-Partenen**

Wohlfühlpension Tiroler Hof, Partenen  
Tel +43 (0)5558 8318 (Monday, Wednesday, Friday from 16.00-20.00 hrs.)  
Public sauna, solarium

**Schruns-Tschagguns**

Löwen-Hotel \*\*\*\*S, Schruns, Tel +43 (0)5556 7141  
Special package: indoor pool, sauna, sanarium, steam bath, whirlpool, fitness room, new wellness treatments; Price: EUR 50.00

Hotel Botht \*\*\*, Schruns, Tel +43 (0)5556 726560  
Public sauna - please book

Sporthotel Sonne \*\*\*, Tschagguns, Tel +43 (0)5556 72333  
Indoor pool, sauna and solarium on request (10.00-15.00 hrs.)

**Silbertal**

Hotel Bergkristall \*\*\*\*, Tel +43 (0)5556 74114  
Public swimming pool, Montafon sauna with coloured light therapy, solarium, steam bath, unique rock shower caverns with alphorn music, rock crystal meditation grotto, reflexology foot massage machine.





### **St. Anton i. M.**

Montawell & Montabell Panorama Saunal Landscape at Relax- and Vital Hotel Adler \*\*\*\*

Tel +43 (0)5552 67118

You will find peace and relaxation in our 1,000 m<sup>2</sup> wellness centre, which has an indoor pool, Turkish steam bath, sanarium with coloured light therapy, Finnish sauna, solarium, kneipp hydrotherapy pool, power showers, water beds, beauty farm and Hamam. Special relaxation packages from 14.00 hrs for day guests. Pre-booking is not necessary for the sauna, only for treatments. Admission from EUR 15.00.

### **St. Gallenkirch-Gortipohl**

Hotel Adler \*\*\*\*, St. Gallenkirch, Tel +43 (0)5557 62060

Public steam bath, biosauna, Finnish sauna and solarium, heated lounge beds, blossom whirlpool, power showers.

Flairhotel Zamangspitze, St. Gallenkirch \*\*\*\*

Tel +43 (0)5557 6238

Public outdoor pool from 08.00-14.00 hrs;  
beauty treatment, massages and baths (Reservation necessary)

Alpensporthotel Grandau, St. Gallenkirch \*\*\*\*, Tel -43 (0)5557 6384

Indoor pool open, public sauna and steam bath, massages and cosmetic treatments (pedicure, manicure, facials and body treatments), solarium.

Hotel Silvretta \*\*\*\*, Gortipohl, Tel +43 (0)5557 6120

Public sauna and solarium

Gasthof Vermala \*\*\*, St. Gallenkirch, Tel +43 (0)5557 6162

Public biosauna, Finnish sauna, steam bath, whirlpool, kneipp hydrotherapy pool and solarium, outdoor relaxation terrace with whirlpool.