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**S w i m m i n g   p o o l s   -   S a u n a   -  
S o l a r i u m**

Please book in advance.

**Bartholomäberg**

Ferien- und Erholungsdorf Außerböden

Tel. +43 (0)5556 78062

sauna, steam bath and solarium

**Gargellen**

Hotel Edelweiss

Tel. +43 (0)5557 6317

sauna

**Gaschurn-Partenen**

Wohlfühl-Pension Tirolerhof, Partenen

Tel. +43 (0)5558 8318

Mon, Wed, Fri from 16.00 to 20.00 hrs

Feel-good oasis with public sauna, bio sauna, infra-red cabin and solarium.

**Schruns-Tschagguns**

Löwen-Hotel, Schruns \*\*\*\*

Tel. +43 (0)5556 7141

Special package: sauna, sanarium, steam bath, whirlpool, swimming pool, fitness room, new wellness treatments. Price: EUR 50,00

Hotel Both, Schruns \*\*\*

Tel. +43 (0)5556 726560

sauna on request



**Montafon Tourismus**

Tel. +43 (0)5556 722530 • Fax 74856

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**Sporthotel Sonne, Tschagguns \*\*\***

Tel. +43 (0)5556 72333

indoor pool, sauna and solarium on request (10.00-15.00 hrs)

**Silbertal**

Hotel Bergkristall \*\*\*\*

Tel. +43 (0)5556 74114

public swimming pool, sauna, solarium, steam bath, power showers, meditation and crystal grotto, massages

Hotel Silbertal \*\*\*

Tel. +43 (0)5556 74195

sauna, steam bath, whirlpool, massages and packs

**St. Anton i. M.**

Montawell & Montabell Panorama Sauna Landscape at Relax- and Vitalhotel Adler \*\*\*\*

Tel. +43 (0)5552 67118

You will find peace and relaxation in our 1,000 m<sup>2</sup> wellness centre, which has an indoor pool, Turkish steam bath, sanarium with coloured light therapy, Finnish sauna, solarium, Kneipp hydrotherapy pool, power showers, water beds, beauty farm and Hamam. Special relaxation packages from 14.00 hrs for day guests. Please book in advance. Entrance from EUR 13,00. Monday from 19.00 hrs is Ladies' Evening.

**St. Gallenkirch-Gortipohl**

Hotel Adler, St. Gallenkirch \*\*\*\*

Tel. +43 (0)5557 6206-0

public steam bath, bio sauna, Finnish sauna and solarium, heated lounge beds, blossom whirlpool, power showers and fresh air grotto

Flairhotel Zamangspitze, St. Gallenkirch \*\*\*\*

Tel. +43 (0)5557 6238

public indoor pool from 08.00 to 14.00 hrs

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Alpensporthotel Grandau, St. Gallenkirch \*\*\*\*

Tel. +43 (0)5557 6384

Until 14.00 hrs indoor pool open for public, from 18.30 hrs public sauna and steam bath, massages and cosmetic treatments (pedicure, manicure, facials and body treatments), solarium.

Hotel Silvretta, Gortipohl \*\*\*\*

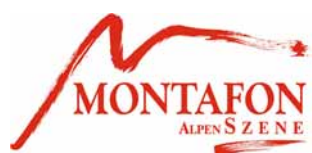
Tel. +43 (0)5557 6120

public sauna and solarium

Gasthof Vermala, St. Gallenkirch \*\*\*

Tel. +43 (0)5557 6162

public sauna, Finnish sauna, steam bath, whirlpool, Kneipp hydrotherapy pool and solarium, outside relaxation terrace with whirlpool



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